We are ConSTUderate!

You may not know the meaning of ConSTUderate. You may then look up the dictionary but it cannot be found. ConSTUderate is a combination of "Considerate" and "Students". After pointing out these two words, the meaning behind our name is obvious – We are considerate to Tanghin students. Tanghin students work hard to do their best in study. They sometimes may feel stressed and depressed. Our service & activities can help them relax and improve their school life. That shows our care for them.

The reason that we capitalizing “STU” (stand for ‘Students’) is that, we focus on students' need. Student Union should be student-oriented. The title always reminds our initial intention. We act like a bridge between students and school. We will strive to consolidate and pass students’ messages, concerns and doubts to relevant parties at school, as such to make sure the communication wall between school and students is of high transparency.
## Committee Member List

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chairperson</td>
<td>Kei Wing Sheung</td>
<td>(5C)</td>
</tr>
<tr>
<td>Vice Chairperson-External Affair</td>
<td>So Ka Ki</td>
<td>(3C)</td>
</tr>
<tr>
<td>Vice Chairperson-Internal Affair</td>
<td>Ku Nga Man</td>
<td>(5C)</td>
</tr>
<tr>
<td>General Secretary</td>
<td>Yip Kei Ming</td>
<td>(5C)</td>
</tr>
<tr>
<td>Financial Secretary</td>
<td>Mok Pui Yau</td>
<td>(5E)</td>
</tr>
<tr>
<td>Publicity Secretary</td>
<td>Au Hiu Ying</td>
<td>(3A)</td>
</tr>
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<td></td>
<td>Wong Lok Ching</td>
<td>(3A)</td>
</tr>
<tr>
<td>Activity Secretary</td>
<td>Cheng King On</td>
<td>(3C)</td>
</tr>
<tr>
<td>Welfare Secretary</td>
<td>Chan Sze Man</td>
<td>(5C)</td>
</tr>
<tr>
<td></td>
<td>Chau Sin Yan</td>
<td>(3E)</td>
</tr>
<tr>
<td>Publication Secretary</td>
<td>Wong Tin Chi</td>
<td>(4A)</td>
</tr>
<tr>
<td>General Affair Secretary</td>
<td>Yau Chun Fung</td>
<td>(4B)</td>
</tr>
<tr>
<td>Art Directory</td>
<td>Leung Chit Yan</td>
<td>(3C)</td>
</tr>
</tbody>
</table>
**Activity List**

<table>
<thead>
<tr>
<th>Month</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>September</td>
<td>Orientation for F.1 Students</td>
</tr>
<tr>
<td>October</td>
<td>Be a Real Monopoly! Ordering Class Tee</td>
</tr>
<tr>
<td>November</td>
<td>Welcome to Mystery House!</td>
</tr>
<tr>
<td>December</td>
<td>3 vs 3 Basketball Competition</td>
</tr>
<tr>
<td>January</td>
<td>Maltesers Mochi Class</td>
</tr>
<tr>
<td>February</td>
<td>Subject election experience sharing Spring couplets selling</td>
</tr>
<tr>
<td>March</td>
<td>Teacher-Student Three-legged race</td>
</tr>
<tr>
<td></td>
<td>Teacher-Student Football Match</td>
</tr>
<tr>
<td></td>
<td>Fun Day</td>
</tr>
<tr>
<td>April</td>
<td>Joint-school oral practice</td>
</tr>
<tr>
<td>May</td>
<td>Joint-school band show</td>
</tr>
<tr>
<td>July</td>
<td>Platform for buying and selling of Second-hand Textbooks</td>
</tr>
</tbody>
</table>

**Long Term Activities**

<table>
<thead>
<tr>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homework Guidance and Assistance</td>
</tr>
<tr>
<td>Joint-school Past Paper Exchange</td>
</tr>
<tr>
<td>Tutor Recommendation</td>
</tr>
<tr>
<td>Letter To Myself</td>
</tr>
</tbody>
</table>
Wall for All
Service

Lending Service:
Balls
Umbrellas
Hairdryer
Board games
Treatment for mosquito bite (無比膏)

Selling Service:
Socks
Stationery
Sanitary towel
Single-lined paper
School notebooks
Files

Others:
Provide lunch menus (takeaway)
Stamp Exchange platform (e.g. 7-11, OK)
Publishing Magazine
Long Term Activities

Homework Guidance and Assistance

Date: a certain week before tests or exams
Time: 3:45-5:00
Venue: Any classroom
Target: Form One/Form two students

Aim:
✓ To help juniors to solve difficulties in learning.
✓ Provide a platform for students to exchange their ideas and express their problems in learning (Some students may feel shy to ask teachers though they don’t really understand what the teachers said).
✓ Give students from different classes and forms the opportunity to meet each other and make more new friends (contact with a wider range of people)

Background:
Many F.1 students may find it very difficult to finish homework without help because it is a huge change from primary school study to secondary school one. And some students may not have a quiet place to study. Therefore, we decided to hold this activity to help them.

Details:
During the week, there will be 3 to 4 committee or sub-committee responsible for the homework class and students can go to join the class freely without signing up. We will start recruiting student mentors from different forms once the activity are ready to run.
Problems and solutions:
Some students are too shy to ask us for help and do not come to our room.
➢ We can invite outstanding students from different forms to be our mentors from a wider range of people.

There may be too many students applying.
➢ We will set a limit for each group, and for mentors.

We cannot solve the problems of the students.
➢ We may invite some teachers as our consultants when we cannot help students to solve their problems, we will refer the problem to our consultants. They will answer the questions when they have time.
Joint-school Past Paper Exchange

Aims:
✓ To help students familiarize with various types of questions by providing past paper from different schools.

Details:
1. Have copies of all past papers.
2. Put them in the SU room for students to borrow.
3. Students have to write down their name and class and pay for a deposit of $5.
4. They can photocopy the past paper.
5. Once they return the past paper, $5 will be refunded.

Difficulties and solutions:
Students who borrow the past paper may lost it.
➢ At least have 2 copies of the past paper.
Tutor Recommendation

Aims:
✓ Help junior form students who have difficulties in study by introducing them to senior form students or graduated students who are interested in tutoring.

✓ The tutors can earn some money and also some working experience, which is very helpful for their future.

✓ Junior form students can spend less money on tutor fee.

Details:
1. Provide application forms for senior form students who are interested in being a tutor of junior form students.

2. They have to fill in the application forms so that we can provide an ID for each tutor.

3. We sincerely welcome the support of Alumni; they can recruit old boys to be our tutors.
Letter to Myself

Aims:
✓ To help students & teachers to write down their feelings, targets and everything they would like to tell their future self.
✓ To help students & teachers to have a look back of this year.

Details:
1. Students & teachers who are interested in writing a letter to their future self are welcome.
2. Each student & teacher can write more than one letter at any time as they wish.
3. Students & teacher need to write down the day that they want to get the letter back at the top of the letter.
4. The committee members of the Student Union will give them back their letter at the day that they written at the top of the letter.

Difficulties & solutions:
Too many letters
➢ We will classify the letter by their forms and keep them in different boxes to keep letters clean and tidy.
➢ Also, to avoid sending the letters not on time, we will keep the letter in different boxes with the date to remind us to give the letter to participants on time.
Wall for All

Aim:
✓ To provide a way for students to express their thought.
✓ To be a link between students and teachers. Students and teachers can have a better communication. They can know more about the feeling of each other and avoid dispute.
✓ To make our school a better one. Students can express their ideas of school rules, facilities or service. They can get response from the related teachers. By knowing more about our school, students can have a better participation in school affairs.
✓ To increase students' sense of belongings to school. Everybody is an important participant in school.

Details:
1. Students can pass their paper of their opinions of school rules, facilities or service to a box near SU (1/F).
2. Students can choose to write their names and class on the paper so we can inform them the response of their opinions. Also, they can choose not to write their names on it.
3. We will check the box and read the opinions one by one once a week. Posts are not allowed to include foul language or inappropriate words.
4. We will post the paper up on the wall. Students passing through can read it and have some own ideas on that concern. They can also pass the paper to us replying that concern.
5. We will find a teacher to respond that school concern. The response from them will post next to the students' opinions. Each side can be more understanding and caring.
6. If there is no enough space to posting all paper, the oldest one will be replaced by the latest one to make sure most of the opinions can be shown.
Orientation for F.1 Students

Date: September (Thursday and Friday)
Time: After school
Venue: Whole school
Target group: F.1 Student
Maximum number of students per day: 36

Aims:
✓ To help F.1 students familiarize with the new environment.
✓ To help F.1 students build up good relationship with new classmates.
✓ To enhance freshmen’s sense of belongings towards our school
✓ To promote our cabinet and encourage them to join our activities.
✓ To help F.1 students familiarize with our committee members.

Details:
1. F.1 students who are interested are welcome and be invited to join the event.
2. F.1 students will be formed to six groups and there are six students per group. One committee member will be stay with them to keep them safe and guide them to play the game.
3. F.1 students will be gathered at classroom.
4. The game will be held for 15-25 minutes. F.1 students need to follow the instruction to find out cards which our committee members hide at school. Also, they need to answer the questions written on cards and our committee members will help them check if their answers are correct.
5. When they find out cards and answer all questions correctly, they can go to covered playground to find our committee members and use five cards to exchange for a pack of snack.
6. When they finish the game, they can write down their feelings on cards and use it to exchange for a candy.

Difficulties & solutions:
Too many students want to join.
➢ We use the first-come-first-served method to select students to join.

➢ Participants should be aware of their safety. Do not run in the corridor or they will be disqualified by our committee member following their group.
Cards may lost due to other students take them away by mistakes.
➢ We will hide the cards before the game starts about 10 minutes to avoid other students to take them away.
Highlighted Activity – Be A Real Monopoly!

Date: October (Friday)
Time: After School 1645 ~ 1800
Venue: Hall
Target group: All students
Fee: $5
Budget: $200
Maximum number of participants: 20
Promotion: Using some excerpts of the movie ‘Jumanji’ to make an attractive video.

Aims:
✓ To let students have a relaxing time.
✓ To let students to have an idea of how to spend their money (for investment or saving) in a real-life situation.

Details:
1. 5 students a group. Let the students sign up by posting up a form on our SU board outside our SU Common Room.
2. The hall is divided in four. Four sets of big Monopoly Board will be prepared.
3. Rules following the Official Monopoly.
4. Money and Chance Cards will be made in a larger size (made in wasted cardboard & color paper)
5. Dice will be replaced with a random program by Visual Basic.
6. Time limit: 1 hour. The player with the most money & property wins the game.

Limitations:
The hall is not big enough. Only few students can participate.

Difficulties & corresponding solutions:
The size of 4 sets of board games is hard to control.
➢ To measure the size of Hall, then standardize the size
Ordering Class Tee

Date: October/November (Before Singing Contest)
Target group: All students
Budget: To be announced

Aims:
✓ To strengthen the unity of each class by wearing the same clothes designed by their classmates.
✓ To enhance their sense of belonging to their class.
✓ To give a chance of talented students who love designing to shine and serve their classmates.

Details:
1. We will distribute forms for each class to order the tees.
2. Classes can submit their design to us and we will have a look at it to see whether it is suitable or not.
3. We will order the tees soon.
Highlighted Activity - Welcome to Mystery House!

Date: November/December
Time: After school
Venue: Ground floor & 1/F
Target group: All students
Fee: $10
Budget: $300
Max number of participants: 30

Aims:
✓ Providing a Mystery house in school to give a new image of school. Imagination over school will be enhanced.
✓ To enhance the ability of students to think calmly in a different environment.
✓ To let students have a special and exciting experience.

Details:
1. The activity will be held on Friday as it is followed by a weekend so we can have enough time to deal with the aftermath (cleaning).
2. A mysterious movie will be played before the activity. Students stay at a classroom at 1/F.
3. Committees and helpers will start the decoration work.
4. The activities will be started at 5:30 pm.
5. The game works like a treasure hunt. Participants are going to find out the most hidden items. They may also have to solve some mystery.
6. Time is limited to 20 minutes.
7. The one got the most items wins the game.

Limitations:
The decoration time is not enough.
3 vs 3 Basketball Competition

Date: December
Time: After school
Venue: School Playground
Target group: All students
Max number of participants: 12

Aims:
✓ To promote doing physical exercise.
✓ To let students have fun and relax besides work.
✓ To promote exercise and encourage healthy life style.

Details:
1. 3 students a group.
2. Students form the group by themselves.
3. 10 min a round.
4. The team who has 15 points wins.
5. We will invite student helper to be the judges.

Limitations:
Not much team can join this competition as there is not much time after school.

Difficulties & solutions:
Different judgments among different judges
➢ We will have a chief judge and an assisting judge. Decisions made by the chief judge will be the final decision. We will hold a judge course before the competition.

Bad weather affecting the matches
➢ We may postpone the matches and make corresponding announcement as soon as possible.
Dessert-Making Fun – Maltesers Mochi Class *(Hot on Instagram!)*

**Date:** January  
**Time:** After school  
**Venue:** Covered playground (and tuck shop)  
**Target group:** All students  
**Fee:** $15 per student  
**Budget:** $100  
**Max number of participants:** 15

**Aims:**
- ✓ Maltesers Mochi is a popular new dessert. Students can do it themselves after learning instead of buying it from online shop. This helps save money and also lower risk from online shopping.
- ✓ To enhance students' interest in making desserts. Help students to develop a new hobby.
- ✓ Maltesers Mochi would suit all family members’ taste. Students can share it to their family after the class.

**Details:**
1. Try the recipe at home 2 weeks before to know the right proportion of the materials.
2. Prepare enough materials (sugar, chocolate milk, Maltesers, Cocoa powder and glutinous rice flour) for 15 people.
3. 3 students in a group. Total of 5 groups.
4. Have the heating process in tuck shop.
5. One student helper for each group.
6. A recipe of Maltesers Mochi will be given to every student after the class.
7. Students are told to bring their own containers before the class.

**Difficulties & solutions**
- It takes time for the mochi to be cool down.
  - ➢ While waiting for the cooling, students are asked to wash the cooking utensils first.
- The powder may easily be blown away.
  - ➢ To mat tablecloth before cooking & to sweep the floor after cooking.
Spring Couplets Selling

Date: February (before Lunar New Year)
Time: Lunch time
Venue: behind the Tanghin statue

Aims
Lunar New Year is a traditional Chinese festival. People will enhance the atmosphere by placing their spring couplets in their home. Tanghin is like our 2\textsuperscript{nd} home. Schoolmates can placing the spring couplets in their classroom. Schoolmates can have their special and meaningful couplets by teachers and schoolmates. The money received will be donated to charity. It can encourage the work of MSF and also schoolmates can have fun.

Details
1. Promote the activity by putting up posters and delivering speeches during the morning assembly, etc
2. Prepare the paper and ask some schoolmates and teachers to write some spring couplets for us.
3. Set up a counter at the playground during lunch time.
4. Invite teachers to write their spring couplets imprompt.
5. Committee members and some students helpers will take care of the counter and make orders during lunch time
6. The remaining money after covering the cost will be donated to MSF. (Way of donation: www.msf.hk/14286)

Difficulties and solutions:
Not enough teachers’ contribution
➢ Ask every teacher to help us write at least 2 spring couplets two weeks before.(wait till they are free)

There may be too many schoolmates joining us
➢ We may set 2 counters, or we may hold the counter for 2 days
Exclusive for F.3—Experience Sharing on Subject Selection

Date:  February (Before the subject election talk)
Time:  After School ~1730
Venue:  Geography Room / Classroom
Target group:  Form 3 students

Aims:
✓ To let students have a preview of different subjects.
✓ To give advice to students matching with their abilities and interests.

Details:
1. Invite some senior form students who study different subjects (Phy, Chem, Bio, Geo, Econ, BAFS, ICT, History, Chinese History and Chi Lit) to be the counselor.
2. Divide the Geography Room into Arts/Commerce part & Science part.
3. Students are welcome to talk with the helpers and ask for advice.
4. Show students the textbooks and homework of the subjects.

Difficulties & corresponding solutions:
There may be too many students in the geography room.
➢ Diversify the crowd. Let some students enter the room. 15 minutes a round. After 15 minutes, invite another group to come in.
➢ Hold the activity again on the other day.
Teachers-Students Football Competition

Date: March
Time: After school
Venue: School Football Pitch
Target group: All students and teachers

Aims:
✓ The relationship between teachers and students can be improved during communication and crossover in the match.
✓ To promote team work and sportsmanship.
✓ To let students have fun and relax besides work.
✓ To promote exercise and encourage healthy lifestyle.
✓ To have a chance for students and teachers having talents in football to demonstrate.
✓

Details:
1. Students and teachers who are interested are all welcome and be invited to join.
2. Students will form a team of 5 (can with one more be the reserve) on their own and sign up on the form posted on the board of each classroom.
3. Students’ teams will play in Elimination Series.
4. The champion among students’ teams will play against the Teachers’ Team.
5. At each match, there will be three to five judges, responsible for judging the match and recording the progress, etc.

Limitations:
Not much team can join this competition as there is need of time for elimination and rest.
Only the winning team can have a chance to play with teachers as teachers may be busy for school work.

Difficulties & solutions:
Different judgments among different judges
➢ We will have a chief judge and an assisting judge. Decisions made by the chief judge will be the final decision. We will hold a judge course before the competition.

Bad weather affecting the matches.
➢ We may postpone the matches and make corresponding announcement as soon as possible.
Teachers-Students Three-legged Race

Date: March  
Time: After school  
Venue: School Playground  
Target group: All students & teachers  

Aims:
✓ To strengthen the relationship between teachers and students.
✓ To promote teamwork and sportsmanship.
✓ To let students & teachers relax from the heavy school work.
✓ To promote exercise and encourage healthy lifestyle.
✓ To enhance the importance of cooperation.

Details:
1. Students and teachers who are interested are all welcome and be invited to join.
2. Each student can invite one teacher to be his/her partner.
3. A teacher can join with one student only.
4. Teams will play in Elimination Series.
5. At each match, there will be three to five judges, responsible for judging the match and recording the progress, etc.

Difficulties & solutions:

Too many teams
➢ We will book two playgrounds for the preliminary competition that day.

Different judgments among different judges
➢ We will have a chief judge and an assisting judge. Decisions made by the chief judge will be the final decision. We will hold a judge course before the competition.

Bad weather affecting the matches.
➢ We may postpone the matches and make corresponding announcement as soon as possible.
**Fun day**

*Date: March*

*Time: After school*

*Venue: School Hall*

*Target group: All students & teachers*

**Aims:**

✓ To release stress from the stressful academic works.

✓ Let both students and teachers to have a memorable day.

✓ Help students to get along with their schoolmates through numerous games.

✓ Enhance the relationship between teachers and students through numerous games.

**Details:**

Games mean fun. So here are the games:

**Song-guessing:** We will play the introduction of each songs we prepared then both teachers and students can tell us the name of the songs.

**Do what you see** ([以訛傳訛](https://zh.wikipedia.org/wiki/%E4%B8%8B%E8%AE%B0%E5%91%8A%E7%A5%9E)): Some students will be invited to participate this game with teachers. In every team, there will be about 4-5 members. All participants cannot speak in this game. They need to show the answer to their partners by body language in the limited time. After the student saw the body language, they can pass the body language on to the next student. The team who can answer more quickly and correctly will win.

**Guess what we are talking about** ([大電視](https://zh.wikipedia.org/wiki/%E5%A4%A7%E9%A2%98%E8%A3%B6)): Some students are asked to perform the words which are shown on the screen. Students who are not facing the screen have to guess what the performers are talking about.
Guess the preference of the teacher: We will ask the teachers their preference before and then we will prepare photos related to their own preferences and show them to our students. Students can then guess whose preference does it belong to and then learn more about our teachers.

Teacher singing section: We will also invite some teacher to have a performance, e.g. Mr. Fung Ka Fai can sing some old songs. This can surely let the students learn more about our teachers.

Problems and difficulties may encounter:
Since there are so many students in the hall at the same time, some of them may not participate in the games.
- We can draw students randomly from different forms and classes to give opportunities to everyone.
Joint-school oral practice

Date: April
Time: After school / weekend
Venue: School Hall / Classroom
Target group: All students
No. of students: 100

Aims:
✓ To let students have more opportunities to practice for their oral exam, as there may not be enough time in class for students to have oral practice.
✓ To let students get used to discuss with different people instead of their schoolmates.
✓ People from different schools can share their experience and oral skills.

Details:
1. Invite students from different school to join. E.g. Elegantia College.
2. Let everyone share their own opinions and experience on oral practice.
3. 5 people a group.
4. People in one group can practice either group discussion or individual presentation.
5. Group mates can give advice to one another.

Difficulties and solutions:
Many students want to join.
➢ Hold the activity for a few more days.
As there are many people in the hall, it will be too noisy.
➢ Some students in classroom, some in the hall.
Joint-school band show

Date: 24th May
Venue: School Hall
Fee: $5-15
Target group: All students
Expected number of participants: 5 bands
Budget: $100

Aims:
✓ To provide an opportunity for students to perform onstage.
✓ To appreciate performances from other schools.
✓ To let students enjoy music and have fun.
✓ To let students experience the atmosphere of band and live music.
✓ To let students learn more about music culture.

Details:
We will invite bands from different schools via their corresponding student unions.

The bands are required to submit a video tape beforehand to let our organizing committee decide which will be featured. This ensures the quality of the show.

Performing teams are also required to submit the name and lyrics of songs they are going to perform.

The materials will be examined by our school’s discipline unit before the show.

There will be time limit for the bands to perform.

We have invited some guests to join the Band Show, including
ToNick, Rednoon, Lung Siu Kwan (龍小菌) and Supper Moment.

Limitations:
We have limited number of helpers, therefore we cannot have too many participants

Difficulties and solutions:
Overrun
➢ We would set a timer for each band. Each of the band can only perform within the given time slot.

Cannot book the school hall
➢ Decisions would be made after we check the availability of booking school hall

Students maybe over-excited and cause difficulties in maintaining order
➢ We would have prefects or helpers to be on duty. MC would also help to maintain the order

Inappropriate songs
➢ We would ask the bands to submit the name and lyrics of songs before the show. We would invite DC to examine the songs to see if there are any inappropriate messages contained.
Platform for buying and selling of Second-hand Textbooks

Date: July (after students receive their book list)
Time: After school
Venue: Covered playground
Fee: $0
Target group: All students

Aims:
✓ To save money for students, because prices of new textbooks is too expensive.
✓ Students who sell the books can receive more money than they do in second-hand book stores.
✓ Students who buy the books can purchase the textbooks for a lower price, compared with the price that second-hand book stores have.

Details:
1. Set up a counter as a platform.
2. Students who would like to sell the textbooks can directly talk to those who are interested in buying books.
3. The price is up to them. Students can bargain over the prices freely.

Difficulties and Solutions:
Too many people will cause chaos.
➢ Ask students to line up.
➢ Disperse those who finished selling or buying.